

Sports and Cultural Activities

St Andrew's College 2018



St Andrew's College



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Introduction

St Andrew's College has a proud history in sport, music and the performing arts.

The co-curricular programme is seen as a major part of a student's life at St Andrew's College. Involvement in co-curricular activities is compulsory for students in Years 9–12, as is the College Athletics Day. Staff try to cater for a wide variety of interests and abilities, and encourage both elite performance and enthusiastic involvement.

Our vision statement is 'enrichment through sport and cultural activities'.

This publication is designed to provide students and parents with information needed to choose the sports and cultural activities they want to take part in, and also to provide information that may be required during the year.

Student Co-curricular Obligations

All students from Years 9–11 are required to take part in a year long activity (sports or cultural), or one summer and one winter sport. Students in Year 12 are required to take one co-curricular activity for the year and it is encouraged but optional for Year 13 students. Students may participate in more than one sports or cultural activity per season provided the activities do not clash.

Students may apply in writing to the Head of Co-curricular for a dispensation from their sporting and cultural obligations where there is a significant commitment to a sport or cultural activity outside the College that isn't catered for in the College (e.g. gymnastics, judo or representative swimming squads).

It is expected that all students will play for St Andrew's in their main sport/cultural option.

When selecting squads to go to tournament to represent St Andrew's, selection will be based on students who play for the College and only in exceptional circumstances will other students be considered.

Information for Students and Parents

Draw notices and results are regularly posted on the sports notice board next to Gym 1. The same information is available on the College intranet (intranet.stac.school.nz) under Sports Draw. The Cultural Calendar is also on the College intranet site and a regular music newsletter is sent by email.

Students should also regularly check their email and the daily notices for further information.

Sports and Cultural Options

Below is a list of available sports and cultural activities. Each student (Years 9–12) has to choose at least one activity from the summer list and at least one different activity from the winter list, unless they have chosen a year long activity.

Please note:

- Middle School students must choose at least one team activity;
- you may choose more than one activity provided that the schedules do not clash;
- students need to choose **either** a year long activity **OR** a winter and a summer option;
- you must do the same summer sport in both Term 1 and Term 4.

SUMMER

Athletics
Cricket
Futsal
Multisport
Rowing
Sailing
Squash
Swimming
Tennis
Touch
Volleyball
Water Polo

WINTER

Badminton
Basketball
Cross Country and Road Race
Cycling
Football
Hockey
Netball
Rugby
Snow Sports
Squash
Table Tennis
Trapshooting

YEAR LONG

Equestrian
Golf
Ice Hockey
Pilates, Stretch and Limber
Running Club

Barbershop
Chamber Music Group
Dance
Debating
Drama
Jazz Big Band
Jazz Orchestra
Kapa Haka*
Orchestra
Pipe Band
Rock School
Saxophone Ensemble
Secondary School Chorale – Staccoro
Secondary School Junior Choir – Stacchorus
Television and Film Academy
Theatresports

**not considered enough for a full co-curricular commitment.*

Inter-House and Lunchtime Sport and Culture

Student leaders will run a range of competitions plus a full programme of sports and cultural activities for students throughout the year.

Cultural Activities

The College enters various music, dance, drama and theatre competitions and events during the year including inter-school, regional and national events.

Tournaments

There are a variety of tournaments at junior and senior level during the year. Major tournaments and competitions take place during tournament weeks both in summer and winter for athletics, badminton, basketball, cricket, cross country, cycling, football, futsal, golf, hockey, ice hockey, rowing, rugby, table tennis, trapshooting, tennis, touch and volleyball.

Selection for these teams is based on students that play for the College throughout the season.

Team players are not guaranteed to play in the tournament team. This will be selected on skill, attitude, coach and manager feedback etc.

Sports and Cultural Exchanges and Overseas Tours

Students are presented with opportunities to participate in inter-school exchanges with schools from around the country and overseas. This is an important part of the St Andrew's College sports and cultural experience. Some teams and groups have overseas tours biennially. There will be a planned programme of fundraising for these tours but the majority of the costs are met by the individual student's family.

SPORTS AND CULTURAL CONTACTS

Head of Values and Culture	Mr Hamish Bell	HBE@stac.school.nz
Head of Co-curricular	Mr Denley Jones	DJO@stac.school.nz
Head of Music	Mr Duncan Ferguson	DFE@stac.school.nz
Head of Drama	Mr Laurence Wiseman	LWS@stac.school.nz
Pipe Band Director	Mr Richard Hawke	RHA@stac.school.nz
Sports Co-ordinator	Mrs Leanne Power	LPO@stac.school.nz
Cultural Co-ordinator	Ms Ginnie Thorner	GTH@stac.school.nz

SPORTS AND CULTURAL CO-ORDINATORS FOR 2018

Athletics	Mr Denley Jones	DJO@stac.school.nz
Badminton	Mr Geoff Stanton	GST@stac.school.nz
Barbershop	Mr Bryan Botting	BBN@stac.school.nz
Basketball	Mrs Cherie Methven	CME@stac.school.nz
Book Clubs	Mrs Rebecca Ball	RBL@stac.school.nz
Chamber Music Groups	Mr Mark Hodgkinson	MHD@stac.school.nz
Chess Club	Mr Ben Hilliam	BHI@stac.school.nz
Code Clubs	Mr Wilj Dekkers	WDE@stac.school.nz
Cricket	Mr Michael Johnston	MJO@stac.school.nz
Cross Country and Road Race	Mr Kristian Giles	KGL@stac.school.nz
Cycling	Mr Brett Clark	BCR@stac.school.nz
Dance	Mr Laurence Wiseman	LWS@stac.school.nz
	Ms Ginnie Thorner	GTH@stac.school.nz
Debating	Ms Helaina Coote	HCE@stac.school.nz
Drama	Mr Laurence Wiseman	LWS@stac.school.nz
Equestrian	Ms Ellen Hampson	EHA@stac.school.nz
Football	Mr Matt Jansen	MJA@stac.school.nz
Futsal	Mr Matt Jansen	MJA@stac.school.nz
Golf	Mr Richard Whiteside	RWE@stac.school.nz
Hockey	Mrs Leanne Power	LPO@stac.school.nz
Ice Hockey	Dr Heidi McIlroy	HMC@stac.school.nz
International Club	Mr Pale Tauti	PTU@stac.school.nz
Jazz Big Band	Mr Duncan Ferguson	DFE@stac.school.nz
Jazz Orchestra	Mr Duncan Ferguson	DFE@stac.school.nz
Kapa Haka	Mr Paul Morrow	PMO@stac.school.nz
Multisport	Ms Ellen Hampson	EHA@stac.school.nz
Netball	Mrs Leanne Power	LPO@stac.school.nz
Orchestra	Mr Mark Hodgkinson	MHD@stac.school.nz
Performance Poetry Club	Ms Phoebe Wright	PWR@stac.school.nz
Pilates, Stretch and Limber	Dr Carolyn Cairns	CCA@stac.school.nz
Pipe Band	Mr Graeme Bryce	GBR@stac.school.nz

Rock School	Mr Kristian Giles	KGL@stac.school.nz
Rowing	Mrs Cherie Methven	CME@stac.school.nz
Running Club	Mr Michael Reid	MRD@stac.school.nz
Rugby	Mr Rodney McIntosh	RMN@stac.school.nz
Sailing	Ms Sarah Bishop	SBS@stac.school.nz
Saxophone Ensemble	Mr Duncan Ferguson	DFE@stac.school.nz
Secondary School Chorale – Staccoro	Mr Duncan Ferguson	DFE@stac.school.nz
Secondary School Junior Choir – Stacchorus	Mrs Claire Oliver	COL@stac.school.nz
Snow Sports	Mr Ian White	IWH@stac.school.nz
Squash	Mrs Raewyn Buckley	RBK@stac.school.nz
Swimming	Mr Ian White	IWH@stac.school.nz
Table Tennis	Mr Lyndon White	LWI@stac.school.nz
Television and Film Academy	Mr Simon Williams	SWM@stac.school.nz
Tennis	Mr Peter Darling	dar.ling@xtra.co.nz
Theatresports	Miss Liz Gormack	LGO@stac.school.nz
Touch	Mrs Rachael Deller	RDE@stac.school.nz
Trapshooting	Mr Roland Burrows	RBW@stac.school.nz
Volleyball	Mrs Rachael Deller	RDE@stac.school.nz
Water Polo	Mr Jamie Clark	JCL@stac.school.nz
Writing for Publication Club	Ms Jacq Gilbert	JGI@stac.school.nz



Can you help? Coaches and Managers required.

St Andrew's College invites you to assist with one of our sports teams as a Coach or Manager.

We'd particularly like to hear from people interested in coaching cricket, hockey, basketball or netball, but assistance in any sport is appreciated. Positions could be for either mid-week or weekend teams. Most positions have some remuneration attached to them.

Please contact Head of Co-curricular, Denley Jones for further information on DJO@stac.school.nz or 03 940 2055.

Cups and Trophies

Cups and trophies are awarded to students for their sports and cultural performances during the year. These are normally presented at the Friday Award Assemblies throughout the year. Parents of students receiving trophies will be invited to the assembly and are also welcome to stay for morning tea afterwards.

If you receive a trophy, it is your responsibility to return it cleaned and engraved to either reception or directly to Mrs Leanne Power. Students who were presented with sports trophies in 2017 will need to return their trophies by the following dates:

Athletics and swimming trophies	DECEMBER 2017
Winter sports trophies	JUNE 2018
Summer sports trophies	AUGUST 2018

Sports Uniforms

Details of uniform requirements for each sport are outlined in this booklet. A sports uniform is available through the College Shop. In some cases students are provided with sets of uniforms that remain the property of the College, and a deposit and/or hire charge may be required. Students failing to return such gear will be invoiced for the cost of replacement.

All teams are required to wear their full sports uniform for all team photos.

When travelling to and from sporting events, or returning home following sport practices and matches, students are required to wear either the full College tracksuit or full school uniform.

Transport

Teams are transported to games and cultural events using College vans, or hired taxis and buses. The cost of hiring these vehicles will be disbursed to the accounts of the students concerned.

Students with their own vehicles are not to take passengers in their cars without the knowledge of the coach or manager of the team and without the written permission of the parents or guardians of both the driver and the passengers concerned.

This information is included in the Student Diary.

Costs

The College co-curricular budget aims to cover the costs of some coaching/tutoring, equipment and College-based facilities. To help cover extra equipment, court hire, tuition or affiliation fees, most sports and cultural activities incur a charge, and parents are advised of this either in this handbook or directly from the sports or cultural co-ordinator early in the season.

Sports and Cultural Blazers and Colours

Each year students are awarded Blazer and Colour awards in recognition of their achievements. These are awarded by the Awards Committee, which meets once a term to consider nominations made by the coaches and co-ordinators of the various activities or by self-nomination. The criteria for each sport or cultural activity are contained in a folder available in the Library and also accessible via the intranet (intranet.stac.school.nz). The criteria for each sport and cultural activity are quite varied but the general principles are summarised below:

- Blazers are awarded to members of the College's top team in a particular sport or cultural activity, who have been regular team members and have exhibited a high degree of commitment and sportsmanship. Usually this means participation in at least eight games, which can be made up over more than one season. Students must have completed two years in the sport or cultural activity. Blazer Awards are not awarded to Year 9 students;
- where there is only one team in a sport, or the College's top team is not performing at the highest level, the success of the team will be taken into account when considering the number of Blazers awarded;
- Colours are awarded to outstanding performers. The key criterion is that the student represents Canterbury at U18 level, secondary level, or better;
- Colours are primarily aimed at senior students, but exceptional performances by Middle School students playing at a senior level may be recognised by a Colour Award;
- Colours will generally be awarded at assemblies at the end of Terms 1, 3 and 4;
- an important component of the Colour Award will be the fact that these students are considered role models within the College and therefore their **attitude and behaviour** will be taken into account when considering awards;
- both Blazer and Colour recipients will be eligible to have their blazers embroidered. This must be done through the College Shop during holiday times;
- Colours are awarded at assemblies and Blazer Awards are posted on notice boards;
- the awarding of Colours is not automatic.

Student Achievement

Please contact the Head of Co-curricular, Mr Denley Jones at DJO@stac.school.nz to inform him of student successes such as selection into representative teams or achievements in sporting or cultural competition outside of the College.

A calendar of school events for 2018 will be available at the start of Term 1.

Summer Sports

Athletics

Co-ordinator: Mr Denley Jones

General Information: Athletics coaching is available for the serious athlete and includes conditioning and event-specific coaching. Individual programmes will be written for committed athletes. Teams compete at all inter-school competitions. St Andrew's has been the top co-educational school in the last four years at Canterbury level. In 2017, the team were the top school at the South Island Secondary Schools Championships.

Venues: Athletes need to assemble on the front field beside the boarding houses by 3.40pm.

Student Commitment: Athletes are expected to train twice a week on Tuesdays and Thursdays after school.

Uniform/Gear Requirements: Most technical equipment is provided. A College athletic singlet is available at the College Shop. Navy shorts must be worn.

Costs: There are costs associated with entering events at inter-school competitions. There is a \$50.00 cost per term to cover training provided by coaching staff.

Cricket

Co-ordinator: Mr Michael Johnston

General Information: Cricket is played by boys' teams in the Saturday competition, Girls can play for a club side on a Saturday. A St Andrew's College Cricket Club committee helps administer cricket at the College.

Venues: Practice facilities with both grass and artificial pitches are available at the College.

Student Commitment: Players are required to attend practices after school once or twice a week and to play on Saturday afternoons. First, Second, Third XI, Colts and U14A players start their matches in the morning. They play during the summer holidays.

Uniform/Gear Requirements: Some team equipment is provided and players must wear whites and have a tracksuit top or blazer to wear when umpiring. Students are asked to take care not to damage or lose College cricket gear.

Costs: There is an annual subscription of \$80.00 per player.

Futsal

Co-ordinator: Mr Matt Jansen

General Information: Recreational games take place on Wednesday afternoons on the College Astroturf. Competitive teams will be selected in Term 1 and participate in the local Wednesday competitions in Terms 1 and 4. The top senior and junior teams may also play in the Mainland competitions that play on Sundays. The top senior boys', junior boys' and girls' teams may have the opportunity to attend the National Secondary Schools Tournament, depending on results.

Student Commitment: Players selected for 'A' teams are expected to be available for one to two trainings per week, all competition games and for the weekend of the Mainland Regional Tournament. All players are expected to be available for competitive games, and to communicate with coaches when they cannot attend training and/or games.

Uniform/Gear Requirements: All players require non-marking shoes and shin pads. Recreational players need to wear their PE uniform. All competitive players need to purchase a blue football shirt, and blue football shorts and socks from the College Shop. Players selected for 'A' teams will require a playing kit which they can purchase for approximately \$75.00.

Costs: Recreational players have a subscription of \$25.00 per term. Competitive players have a subscription of \$75.00 per term, plus any travel costs incurred. Travel and accommodation costs for national tournament are additional and expected to be approximately \$650 per person.

Multisport

Co-ordinator: Ms Ellen Hampson

Entries for Secondary School multisport events are organised in school with no organised practices, although there are some training sessions with outside coaches. Participation in these events does not fulfil a summer or winter sports commitment. Teams are entered into the Canterbury Triathlon and Duathlon Championships, Get2Go Challenge, Hillary Challenge and Orienteering.

Events include duathlon, triathlon, multisport and adventure racing.



Rowing

Co-ordinator: Mrs Cherie Methven

General Information: Rowing is a hugely rewarding sport that requires a great deal of commitment in both training and competition. It is an excellent way to improve fitness and strength as well as being an enjoyable team sport. The StAC rowing team is an incredibly supportive, yet highly competitive team. Our crews consistently place in the top 10 in New Zealand. In 2017 our senior boys' won the prestigious Maadi Cup and Springbok Shield.

Venues: Training takes place at Kerr's Reach on the Avon River. Training camps occur at Lake Ruataniwha near Twizel and competitions are at Kerr's Reach, Lake Hood, Lake Ruataniwha and Lake Karapiro.

Student Commitment: Students new to rowing need to complete a Learn-to-Row programme offered in Terms 1 and/or 3 before being selected into the competition squad. Competitive rowers are expected to train at least four times per week, which includes some gym work. They are also expected to attend weekend regattas and two selection and training camps in the first week of December.

Costs: The Learn-to-Row programme costs \$50.00. For those that are selected into the competitive rowing squad, entry fees, uniform, coaching, travel, capital contribution, food and accommodation costs for two Twizel training camps and approximately five regattas will be disbursed to students' accounts throughout the rowing season. Typically this amounts to \$3500–4500 per year for the students involved in every regatta.

A parent committee has been established to assist with logistics and also fundraising to help with the costs. **Please note: when selecting rowing no other summer sport is to be selected.**

Sailing

Co-ordinator: Ms Sarah Bishop

General Information: The schools' programme is run by the Naval Point Club. This includes a beginners' learn-to-sail, an intermediate introduction to two-handed sailing and a team racing programme. Students may also follow their own training programme. A team sailing inter-school programme is offered for competition yachtees. The Peter Mander Trophy, Rotary Trophy and team sailing inter-school competitions are held on selected dates.

Venues: Sailing is held at the Naval Point Yacht Club in Lyttelton.

Pre-requisites: Students should be enthusiastic and keen to learn to sail.

SUMMER SPORTS

Student Commitment: Sailing sessions are held once a week on Wednesdays from 2.30pm–6.00pm. Students are encouraged to compete in the inter-school regattas, one in March and a junior regatta in November.

Uniform/Gear Requirements: Wetsuit, warm clothing (thermals), life jackets (can be hired) and shoes that can be worn in water.

Costs: Naval Point charges \$15.00 per session and an additional transport cost of up to \$4.00 each way per day.

Entry to this programme is limited by the amount of resources available to the club.

Squash

Co-ordinator: Mrs Raewyn Buckley

General Information: Summer squash is designed for beginners and involves coaching from a qualified coach. Players who learn quickly graduate from summer squash to winter squash, which is for more competitive players. One hour of coaching takes place on Tuesday at the Christchurch Football Club courts. Transport will be via taxi shuttle or private teacher vehicle to and from the Club. Students will be back at school by 5.00pm. The costs of coaching and transport is divided by the number of students enrolled and disbursed at the end of Term 4.

Protective glasses must be worn. You can purchase these from Safety NZ. Shoes must have non-marking soles and having your own racquet is desirable but not essential.

Venues: Christchurch Football Club

Student Commitment: One after-school session per week.

Uniform/Gear Requirements: Students need to wear non-marking shoes. The uniform is blue shorts and a white top. Some racquets and goggles can be provided for beginners. The white polo top is available from the College Shop.

Costs: To be advised – coaching, transport and court hire.

Swimming

Co-ordinator: Mr Ian White

Registered Swim New Zealand swimmers can apply to have this sport considered as part of their school sport participation. The College holds school swimming sports in Term 1 from which a team for the Canterbury Secondary Schools Championships is selected. **Please note swimming is not a regular weekly co-curricular option.**

A team is entered in the New Zealand Secondary Schools Championships. Transport and accommodation is organised in consultation with supporting parents.

Tennis

Co-ordinator: Mr Peter Darling

General Information: Tennis teams are entered in the Wednesday sport competition and these players practise one afternoon per week and also take part in traditional inter-school fixtures. There are also opportunities for beginners to receive coaching.

Venues: Practices and home games are held at StAC and Elmwood Tennis Club.

Uniform/Gear Requirements: Players need to provide their own racquet. Balls are provided. Wednesday competition players wear the sports polo uniform and navy shorts only. The uniform can be purchased from the College Shop.

Costs: An annual subscription of approximately \$60.00 per year is charged to subsidise entry fees and transport.

Touch

Co-ordinator: Mrs Rachael Deller

General Information: Touch is played by both boys' and girls' teams in the Wednesday sport competition throughout Terms 1 and 4. Usually teams practise once per week.

Venues: Practices and games are usually held on the First XV rugby field.

Student Commitment: Players are required to attend practices after school and to play on Wednesday after school. There are occasional inter-school games for seniors during the holidays.

Please note: We have a limit on the number of teams we can enter so you may not be successful in getting into a touch team. When selecting touch, please select a second option.

Uniform/Gear Requirements: Senior 'A' teams are provided with tops, other teams need an athletic singlet and white shorts. Balls and cones are provided. Senior 'A' team players will have a uniform hire fee of \$30.00 each disbursed to their accounts.

Costs: All players are charged a \$40.00 subscription. Travel and accommodation costs for tournaments will be disbursed to the accounts of individuals involved.

Volleyball

Co-ordinator: Mrs Rachael Deller

General Information: Volleyball is played by teams entered in the Monday after school/evening competitions, throughout Terms 1 and 4. Teams practise either before or after school, or at lunchtimes.

Venues: Practices are held in the College Gymnasiums.

Student Commitment: Players are expected to attend all practices and to be available for all Monday games. If selected into League teams in Term 1 you will be expected to attend tournaments such as Canterbury and South Island Championships and Nationals. Junior 'A' teams also have Canterbury and South Island tournaments in Term 4.

Uniform/Gear Requirements: Students need to purchase their own top and shorts from the College Shop.

Costs: All players are charged a \$50.00 subscription and travel costs will be disbursed in Terms 1 and 4. Travel and accommodation costs for tournaments will be disbursed to the accounts of individuals involved.

This is an exciting summer team sport for both males and females, catering for players of all levels.

Water Polo

Co-ordinator: Mr Jamie Clark

General Information: Water Polo teams are entered in the Wednesday competition in Terms 1 and 4. Term 1 is for juniors and seniors and Term 4 juniors only. Training is generally held once a week in a local pool, after school and in the weekend.

Venues: All games take place at Jellie Park.

Student Commitment: Water Polo requires a reasonable level of swimming ability and general fitness. Students are expected to attend all practices and games. In addition, teams are entered into South Island and Canterbury Schools tournaments, which usually take place over the weekend.

Uniform/Gear Requirements: Players are required to have St Andrew's togs. Girls are expected to have StAC swimming caps for games.

Costs: The costs are for pool entry and there are additional costs for students attending tournaments.

Winter Sports

Badminton

Co-ordinator: Mr Geoff Stanton

General Information: Badminton has teams entered in the Wednesday sport competition.

Student Commitment: Commitment to Tuesday practice and Wednesday afternoons is essential. No previous experience is required.

Venues: Practices are in the College Gymnasiums on a Tuesday from 3.30pm–4.30pm and games are at St Andrew's and various venues around Christchurch on a Wednesday after school, usually finishing by 5.00pm or earlier.

Uniform/Gear Requirements: Players need to supply their own racquets. The College PE uniform is to be worn for all inter-school matches on Wednesdays and also for practice on Tuesdays.

Costs: Students pay a transport charge of \$40.00 or less annually to cover the cost of taxis.

Basketball

Co-ordinator: Mrs Cherie Methven

General Information: Basketball is played on Saturday afternoons and Tuesday night (Elite U20 and U17 teams) and Friday nights (most boys' and girls' teams). Most teams practise either once or twice a week after school or in the evening.

Venues: Practices take place in the College Gymnasiums. Games take place at various venues in Christchurch.

Student Commitment: Students are expected to attend all practices and games. No games are played in the holidays except for the U17 and U20 teams.

Uniform/Gear Requirements: A basketball singlet must be worn and can be purchased from the College Shop. Players are to wear navy PE shorts and mouth guards are compulsory for all teams.

Costs: Approximately \$200 for Saturday grade and \$40.00 per Friday grade player to subsidise entry, transport, refereeing and BBNZ affiliation fee.



Cross Country and Road Race

Co-ordinator: Mr Kristian Giles

General Information: Training and coaching is available for those students who are interested in competing in the cross country and road race season. Individual programmes can be designed for those athletes who would like to develop further. Athletes will compete in the Canterbury Cross Country and Road Race Championships and the opportunity is available to compete in the New Zealand Cross Country Championships in Term 2.

Student Commitment: Athletes are expected to train once a week on a selected day after school. This is negotiated with the students who are available.

Uniform/Gear Requirements: Students are required to compete in a College athletics singlet and navy blue shorts. A pair of spikes is also useful for the cross country events.

Costs: There are costs associated with entering events at the Canterbury and New Zealand levels.

Cycling

Co-ordinator: Mr Brett Clark

General Information: Cycling takes place on a Wednesday at Tai Tapu. Rides include time trials, hill climbs and scratch races.

Venue: Tai Tapu

Student Commitment: Students are expected to participate in the weekly races.

Uniform/Gear Requirements: High visibility gear is the preferred option. Cyclists must also have lights.

Costs: Simply the cost of race entries to the South Island Championships and the Litolff Cup.

Football

Co-ordinator: Mr Matt Jansen

General Information: Boys' competitive teams play in various grades of the Mainland Football Junior competitions. Girls' teams are entered in Wednesday sport competitions. These teams are selected towards the end of Term 1.

A Middle School XI (Years 9–11) and a Senior College XI (Years 12–13) are also entered in the Wednesday sport competitions for those players who are not selected for a competitive Saturday team. Practices take place twice a week after school either on the College grounds or at Elmwood Park. All First XI teams play on Wednesdays in the Premier School Competition.

Student Commitment: Students playing football are expected to be available on all playing days, including Saturdays and during the school holidays over the winter months. Attendance at all practices and good communication with coaches/managers is expected.

Uniform/Gear Requirements: All players require boots and shin guards. All players in Saturday teams will be provided with shirts, which are to be returned at the end of the season. Players need to purchase football shorts and socks from the College Shop and Wednesday players also need to purchase a shirt from the College Shop. Competitive teams will also be expected to purchase a training top from the College Shop.

Costs: Wednesday social players have a \$25.00 subscription and will incur travel expenses. Saturday players have an annual subscription of \$120 and there is a \$25.00 uniform levy.

Hockey

Co-ordinator: Mrs Leanne Power

General Information: The College enters teams in appropriate grades of the Canterbury Hockey Association weekly competition for both boys and girls. All players must be prepared to play games right through Terms 2 and 3 and in the holidays.

Venues: Games are at Nunweek Park, Marist Park or Waimakiriri Turf. All practices are held at the StAC turf, where possible.

Student Commitment: Players are expected to attend all team practices and maintain individual fitness. **Note: Holiday play will be required.**



Uniform/Gear Requirements: Players need to provide their own stick, mouth guard and shin pads. Goalkeepers are encouraged to purchase their own gear but there is a limited amount of goalkeeper gear the College can provide. The boys' First and Second XI teams are charged a \$30.00 uniform levy as the uniforms are supplied, as is the girls' First XI. All other teams are to wear their PE uniform i.e. blue navy shorts, blue PE top, plus navy socks.

Costs: The following costs are estimates and depend on the amount of turf time used: First XI \$290, Second XI \$290, Youth \$230.

Important Dates: The boys' and girls' First XIs compete in national tournaments during Winter Tournament Week. The boys' and girls' Second XI have the option to play in the local Nunweek Park tournament. Inter-school fixtures are also played.

Trials: Trials are held in Term 1, as most grades begin their competitions at the end of Term 1.

Netball

Co-ordinator: Mrs Leanne Power

General Information: Netball is played by teams entered in both the Wednesday school competition and the Saturday club competition. Practices are held either after school or early evening depending on the coach, and are generally once per week.

Venues: Practices are held on the College courts. Saturday games are held at the Hagley Courts between 9.00am–4.00pm, and the Wednesday games are held at a variety of venues at 3.15pm.

Student Commitment: All players must attend trials at the beginning of the season and attend all practices and matches. The Saturday competition runs throughout the holidays and all players are required to play. All players in the 9A and 10A teams will be required to play in the July school holidays' tournament. This tournament runs Monday to Wednesday of the first week.

Uniform/Gear Requirements: Players need to purchase their own tops and skirts from the College Shop. Dresses are supplied for the Senior 'A' and 'B' teams and a \$30.00 uniform levy is charged.

Costs: Senior players \$95.00 and junior players \$75.00. Tournament costs are disbursed after completion of tournament.

All players are charged a \$34.50 charge for transport. Transport is provided for all Wednesday games.

StAC Netball Academies – Junior and Senior

Motivationz runs StAC's junior and senior netball academies, which have been created to provide a pathway for young netballers to the Senior 'A' netball squad. The Motivationz vision is to 'Enhance lives through building confidence and self-belief' using netball as the vehicle.

Providing expert quality coaching and training for netball at St Andrew's College, Motivationz runs a holistic programme that includes skills specific fitness principles, mental skills, nutrition, relaxation techniques, social outings and team building exercises.

The combined academies also get an opportunity to travel overseas for a netball experience biennially. Our junior academy also has a weekend trip to Hanmer Springs at the end of Term 3 each year.

The StAC Netball Academies are facilitated by Motivationz Director and former Silver Fern, Marg Foster. Marg is also a former New Zealand 'A' Coach, Silver Ferns selector and Canterbury Head Coach.

Rugby

Co-ordinator: Mr Rodney McIntosh

General Information: Boys' teams are entered in the Saturday competition organised by the Canterbury Rugby Union. The girls' team plays in the Wednesday sport competition.

Venues: Teams practise twice a week after school on the College grounds. Extra resource sessions are also run pre-season. Ground, strength and conditioning and skill development.

Student Commitment: Players are expected to attend all practices and games. Students are expected to make themselves available for training and games in Term 1 and 2 holidays. Excellent behaviour is expected both on and off the field.

Uniform/Gear Requirements: College jerseys are provided. Players need to purchase their own socks and shorts from the College Shop. Practice equipment and balls are supplied by the College.

Costs: There is an annual subscription of \$120 per player.



Snow Sports

Co-ordinator: Mr Ian White

The College enters a ski and snowboard team in the Canterbury and South Island events each year. Students who participate in winter race training provided by Mt Hutt or Porters race departments can apply to have this considered as a part of their school sport participation. Students not doing club racing must also select another winter sport or cultural activity.

During Term 3 there are regular trips on Sundays to commercial ski fields in Canterbury. These trips are organised as a weekend activity for boarders and day students.

Costs: Bus transport plus lift tickets and rental equipment as required.

Squash (Competition)

Co-ordinator: Mrs Raewyn Buckley

General Information: Squash is played by teams entered in the Wednesday winter sport competition. Teams are coached once a week after school on Tuesday.

Venues: Practices are held at the Christchurch Football Squash Club. Games are held at various venues.

Pre-requisites: All levels, including beginners, are catered for.

Student Commitment: Students are expected to attend one practice per week. In addition, team members play in the Wednesday competition throughout the winter terms. The 'A' team may enter the weekend Canterbury, South Island and National Secondary Schools Championships, depending on team strength.

Uniform/Gear Requirements: Some racquets can be provided for learner and recreational squash. Students should wear PE gear, non-marking shoes and eye protective glasses. Competition players wear the white College polo shirt and blue shorts.

Costs: Coaching (for 20 sessions). Costs divided between number of students. If not a member, students will pay for court hire and coaching.

Table Tennis

Co-ordinator: Mr Lyndon White

General Information: Table tennis is available as a winter sport either as a recreational or inter-school sport. Three teams are usually entered in the Wednesday sport competition.

Venues: Practice and coaching sessions are held in the College mini-gym on a Tuesday. Competition matches are usually played at the Canterbury Table Tennis Stadium, Blenheim Road, on a Wednesday afternoon.

Student Commitment: Students opting for table tennis are expected to attend practice and coaching sessions on Tuesdays after school in the mini-gym and to play on Wednesday.

Uniform/Gear Requirements: Participants need suitable non-marking shoes. Wednesday competition players will be required to purchase a team shirt. Bats are available, although participants should have their own.

Costs: Transport costs are disbursed at the end of the season.

Trapshooting

Co-ordinator: Mr Roland Burrows

General Information: Trapshooting is a winter sport that students take part in through Terms 2 and 3.

Venues: Practices are held at the Canterbury Clay Target Club at McLeans Island on Wednesdays after school.

Pre-requisites: Although previous experience is not absolutely necessary, students who have shot before will be given preference. Membership is through invitation, as for a number of reasons, we can only cater for limited numbers.

Student Commitment: Students are expected to attend all practices as well as the monthly shoots on Sunday at the Canterbury Clay Target Club and any other competitions as required.

Uniform/Gear Requirements: All equipment is provided.

Costs: Approximately \$400.

Year Long Sports Activities

Equestrian

Co-ordinator: Ms Ellen Hampson

General Information: School teams compete in one day events, dressage and show jumping competitions throughout the year. Students must have their own horses and transport in order to compete.

Students have the opportunity to receive polo instruction from Roddy Wood's team at Waireka Polo Field in Sefton. The polo manager drives a van to and from Sefton on Tuesday after school. Students do not need their own horses for polo. There are several polo secondary schools competitions in Terms 1 and 4 and St Andrew's is well represented. It is preferable that students have had riding lessons and are already confident on horseback when they choose this sport.

Costs: All costs will be disbursed to students' accounts.

Golf

Co-ordinator: Mr Richard Whiteside

General Information: Golf takes place on a Wednesday with structured coaching at either Hagley or Harewood Clubs. Advanced junior golfers have the opportunity to be selected into an academy which trains at Waitikiri Golf Club. The best six golfers are selected to compete in exchanges and secondary school tournaments. St Andrew's has a fine tradition in these tournaments.

Student Commitment: Students are expected to attend all sessions.

Uniform/Gear Requirements: Students need to supply own clubs, bag and balls. College uniform may be worn with suitable golf or sports shoes.

Costs: Approximate cost will be \$50.00 a term.

Ice Hockey

Co-ordinator: Dr Heidi McIlroy

General Information: Students can play at two levels:

- a development league on Wednesday afternoons to teach the basics of skating and stick handling;
- a combined high school league team for developing players, which has Saturday games. This level is played as non-contact.

Venues: Practices and games are at the Alpine Ice Sports Centre with a coach. Games are Saturday mornings and the College team practises on Thursday evenings.

Student Commitment: Students in College teams are expected to train weekly on ice, maintain a good level of personal fitness and be available for games.

Training starts at the start of Term 1 and finishes around week 2 of Term 4.

Uniform/Gear Requirements: Gear is for hire for new players attending the development league. As skill levels increase, players may wish to purchase their own playing and protective equipment. Personalised team shirts for Premier League players are available by contacting the team manager.

Costs: Ice fees for training and winter tournament will be disbursed to students' accounts throughout the season. Wednesday development league is billed by CMIH High School League.

Pilates, Stretch and Limber

Co-ordinator: Dr Carolyn Cairns

General Information: Pilates, Stretch and Limber, strength and conditioning for any dance genre or sport training. Develop your core stretch and flexibility with our professional tutor. Very versatile and excellent for injury rehabilitation too. The class is open to all Secondary School Students.

For further information and enrolment contact Dr Carolyn Cairns on ballet@stac.school.nz.

Venues: Mondays 7.20am–8.15am in the College Ballet Studio.

Costs: \$100 a term.

Running Club

Co-ordinator: Mr Michael Reid

General Information: This is a walking and running group that meets throughout the year and during the winter terms on a Wednesday after school. The focus is enjoying exercising together and improving fitness through a mixture of both walking and running. Our total distance covered will be approximately 100km but possibly much more depending on interest, commitment and fitness. Activities will mostly be based around school but will include visits to other locations by arrangement.

Year Long Cultural Activities

Barbershop

Co-ordinator: Mr Bryan Botting

Several barbershop groups are formed each year (male and female) by the Barbershop co-ordinator. Practices are normally held after school and at lunchtimes. These groups compete in the national barbershop competitions. If successful there is an associated fee disbursed for travel and accommodation at the finals. In addition they perform at a number of school events and outside concerts.

Chamber Music Groups

Co-ordinator: Mr Mark Hodgkinson

We have a number of chamber groups at St Andrew's. Groups are formed each year according to the players available to perform at the annual Secondary Schools Chamber Music Contest, which St Andrew's has supported by entering several groups each year.

Dance

Co-ordinators: Mr Laurence Wiseman and Ms Ginnie Thorner

StAC Dance welcomes dancers of all levels throughout the year. It offers classes in the following disciplines: junior jazz, intermediate jazz, senior jazz, junior hip hop and senior hip hop, plus choreography and musical theatre, subject to interest.

Classes are generally held on Tuesdays and Thursdays after school in the Dance Studio with additional specialist classes throughout the week. In addition the StAC dancers perform at assemblies and school events. StAC Dance also presents the Dance Revue in Term 3.

Costs: Approximately \$60.00 per term per class.



Debating

Co-ordinator: Ms Helaina Coote

General Information: Debating is offered at two levels – junior and senior. Each level has approximately three competition debates per term and these take place early on a Thursday evening. Meetings and coaching sessions take place Wednesday lunchtimes.

Venue: Meetings and coaching take place in AB302. Thursday debates take place in various Christchurch schools.

Student Commitment: Students are expected to attend all meetings and coaching sessions, as well as take part in each competition debate.

Costs: \$10.00 per student.

Drama

Co-ordinator: Mr Laurence Wiseman

Senior College Production: Open to Years 11–13 students. Auditions will be held in Term 4 of previous year, with rehearsals commencing Term 1. Students are required to attend an intensive week of rehearsals in the last week of Term 1 holidays. The show opens for a six-night season (Monday to Saturday) in either week 2 or 3 of Term 2.

Middle School Production: Auditions and performance times are to be confirmed. This show is for Years 9–10 students.

Jazz Big Band

Director: Mr Duncan Ferguson

This is our award winning 'Big Band', playing music from the swing era as well as popular tunes, funk and jazz/rock numbers. Saxophones, trumpets, trombones, guitar, bass, keyboard and drums are involved. Practice times are Friday lunchtimes in MS01 and Thursday nights from 7.00pm–8.30pm. Entry is by audition. Each year there is the potential for this band to compete and perform at several festivals and concerts including the Blenheim Southern Jam, ARA Jazz Quest and the NZSM Jazz Festival in Wellington. A fee for travel and accommodation is chargeable for participation in these events.

Jazz Orchestra

Director: Mr Duncan Ferguson

This is for Years 7–10 jazz musicians and focuses on developing basic musicianship skills. They have the opportunity to perform at the Jazz Quest and Southern Jam competitions. Practice times are Wednesday lunchtimes.

Kapa Haka

Teacher in charge: Mr Paul Morrow

General Information: Kapa Haka at St Andrew's College is a wonderful opportunity to learn Māori performance, perform at various times during the year, to show leadership and involve yourself in developing a cultural intelligence.

Kapa Haka practice: Every Wednesday during the lunchtime, during Terms 1, 2 and 3.

The items learnt lead to performing at the Tuhono Festival at the end of Term 3, help with the Mihi Whakatau at the beginning of the year, performing at the Cultural Assembly and in Māori Language Week's chapel service.

Costs: There is no cost at this stage for Kapa Haka.

Orchestra

Director: Mr Mark Hodgkinson

St Andrew's has a large number of orchestral musicians and in order to cater for the varying abilities and interest we have three orchestras.

The Chamber Orchestra is for the advanced and senior players. It plays a variety of music that challenges the musicians' technical and ensemble abilities. Rehearsals are after school on Monday and alternating Tuesday lunchtimes.

The Concert Orchestra is an intermediate ensemble, where the players begin to develop their ensemble skills with music that provides all instruments with moments to shine. More able Preparatory School students can join this group. Rehearsals are on Thursday lunchtimes and alternating Tuesday lunchtimes.

The Symphony Orchestra is our largest group with 60+ musicians. It is formed by combining the Chamber and Concert Orchestras. This gives the players the experience of playing in a



large orchestra, with all the excitement that entails. They play classical works and lighter music from shows, and are the prime group for important school occasions such as Founders' Day and Prizegiving.

All three orchestras are directed by Mr Hodgkinson.

Costs: A fee-bearing annual camp is held for the orchestra.

Pipe Band

Band Director: Mr Graeme Bryce

General Information: The St Andrew's College Pipe Band has a proud history and strong tradition and performs in competitions and at many functions and occasions throughout the year. Currently there are 140 students involved with the Band. There is an opportunity to play the bagpipes, side drums or tenor drums.

Student Commitment: Weekly practices are at the College throughout the year.

Uniform/Gear Requirements: Band uniforms are supplied.

Rock School

Co-ordinator: Mr Kristian Giles

On Fridays after school the Music Department is dedicated to all things rock. All guitarists, keyboardists/pianists, bass players, singers and drummers are invited to be part of bands that work towards the Smokefree Rockquest. A reasonable ability is required, as is ongoing tuition on your instrument (in or out of school).

Saxophone Ensemble

Co-ordinator: Mr Duncan Ferguson

This group is run by Christchurch saxophonist Claire Oliver and currently meets on Monday lunchtimes. Space is limited. The group performs at concerts and festivals where possible.

Costs: There is a \$10.00 weekly fee to cover tuition.

Secondary School Chorale – Staccoro

Director: Mr Matt Everingham

Co-ordinator: Mr Duncan Ferguson

Staccoro is our Secondary School chorale. Entry is by audition only and generally limited to Year 10 and above although more able Year 9 students are welcome to apply. It performs a variety of repertoire for major chapel services, assemblies, concerts and festivals such as the annual Big Sing choral competition. This group performs to the highest standards and expectations. Practice times are Tuesdays after school, 3.30pm–5.00pm and Wednesday lunchtimes. There is also an annual choir camp in Term 1. Students must sign up for the full year to be part of this group, please ensure you do not have clashes with winter sport.

Secondary School Junior Choir – Stacchorus

Director: Mrs Claire Oliver

For Years 9–11, this group forms an excellent training ground for the chorale while existing independently as a performing unit for chapel and public performances. Entry is by audition. Practice times are Monday lunchtimes and Thursdays after school in MS02. This group also competes in the Big Sing choral competition and other local choral festivals. This is a full year group. All practices are compulsory.

Television and Film Academy

Co-ordinator: Mr Simon Williams

General Information: The Television and Film Academy is for students keen to work in and around our unique TV studio, because you enjoy it or because you have a media or performance career in mind. You will support studio productions, filmmaking and manage technical and production support for a wide range of events.

The Academy encourages the art of performance on camera and stage, of directing and producing TV shows and films, managing technical roles in the studio, shooting and editing a film, crewing an outside broadcast, providing technical support for College productions and Dance Revue in the Theatre, Chapel, assemblies and other events. The group will run the College Film Fest and the annual Prizegiving show in the arena.

When: Every Thursday after school from 3.30pm–4.45pm. During that session you may record a musical group, learn about sound or lighting, learn how to direct, or learn about editing.

The studio is open to you every lunchtime when much of our discussion and editing of product is done. We also have before and after school responsibilities. We have a team meeting every Tuesday lunchtime, where upcoming activities are discussed and planned.



Theatresports

Co-ordinator: Miss Liz Gormack

General Information: Theatresports is improv theatre. It is where teams of four make stuff up on the spot, usually involving their audience in the process. It is a hoot! It's great training for real life, you learn to think on your feet by always having an answer on the tip of your tongue. Miss Gormack and a senior student coach both seniors and juniors every week, so come along if you enjoy quick wit, drama/comedy and seeing others make idiots of themselves in a safe environment. We participate in the annual Court Theatre competition and often have friendly competitions with other Christchurch schools.

Venue: Theatre

Student Commitment: Students need to attend weekly sessions and extra practices where required. Attendance is compulsory once students have committed to Theatresports.

Weekly session times are (subject to change depending on production): Wednesday lunchtimes and/or Wednesday after school.

Costs: \$30.00 per year.

Co-curricular Clubs

These options are available for students but they **must** also choose an activity from the previous sections to meet their co-curricular requirements.

Book Clubs

Teacher in charge: Mrs Rebecca Ball

Two book clubs are run throughout the year. The **Casual Book Club** is for students looking for an opportunity to read and discuss books of any genre. The focus is on encouraging students to develop and maintain a reading habit and to talk about books in a non-threatening environment.

The **Classic Book Club** is for students who are keen to learn more about critically-acclaimed literature. The focus is on encouraging students to widen their knowledge of classic books – both historical and modern – and to develop their analysis and discussion skills.

Both book clubs are open to all students. We meet fortnightly in the Library at lunchtime. Students are encouraged to bring the books that they would like to discuss, as well as their lunch, to each meeting. Students are welcome to join at any time.

Chess Club

Teacher in charge: Mr Ben Hilliam

General Information: Chess Club is held usually in the lunch hour during Terms 2 and 3 in the College Library or SB213. All level of players are represented from learners to advanced. The inter-school chess competition is played at 4.00pm at the Canterbury Chess Club, Unit 9, 27 Tyne Street, Tower Junction.

Venue: Library or SB213

Student Commitment: One lunchtime and one night after school for the inter-school team members.

Code Clubs

Teacher in charge: Mr Wilj Dekkers

Code Clubs run in the Secondary Library each Thursday and Friday, after school from 3.30pm to 4.30pm.

The club is open to Years 8–10 students who are interested in expanding their ability to code alongside like-minded peers. This is passion project driven with students receiving support appropriate to their ability and interest.

Whether it be working with command blocks or code such as Python, Java or beyond, our goal is to have students use their coding ability to develop and create. As we progress through the term students will be given an opportunity to work with Arduino boards, robotics and develop 3D content for virtual reality.

Students may bring their own Mac or Windows laptop, a set of school laptops will also be available.

There will be 20 spaces available on each afternoon; if demand is higher, spaces are allocated by ballot.

If your child is interested, please email Mr Dekkers on WDE@stac.school.nz to secure a place.



International Club

Co-ordinator: Mr Pale Tauti

General Information: The International Club is an opportunity to meet new people with a common interest in learning about different countries, customs and cultures. Every second week the International Club come together in the Japanese room (AB202), where students from different countries as well as our Kiwi students share food, language and experiences.

Venue: Japanese Classroom – AB202

Student Commitment: Fortnightly meetings Terms 1–4. Students are required to select at least one other co-curricular activity if involved in the International Club.

Costs: One shared lunch.

Performance Poetry Club

Teacher in charge: Ms Phoebe Wright

General Information: Slam Poetry is poetry written for a powerful spoken performance. It can be used to tell a personal story, explore an important issue, question society, make people laugh, and make people think.

The StAC Slam Poetry group meets regularly to write poems, polish delivery, and prepare for frequent performance opportunities and competitions. We also draw inspiration from great examples and guest speakers. These workshops are run by Ms Wright in AB304 and are currently after school on alternate Fridays. We also attend the Faultline Poetry Collective Open Mic Night, which is on the last Friday of each month at White Elephant Trust.

Writing for Publication Club

Co-ordinator: Ms Jacq Gilbert

In 2018 the English Department will again be offering students the opportunity to attend a class, held once a week in AB301. The aim of the class is to foster creative writing talent in the College, in both poetry and prose and to further student success in writing competitions. The class is run by our writer-in-residence, Mrs Kerrin Davidson. It is open to any students who are interested in creative writing, regardless of experience. Students should commit to regular attendance.

Sports and Cultural Choice

Please read the following information, then complete the form on page 44, detach it and return it to your tutor or the College Middle School Office. New students should return this when onsite for the entrance test.

1. All students in Years 9–11 must take part in at least two different sports or cultural activities throughout the year – at least one in each of the summer and winter seasons, unless it runs all year round. Year 12 students must select one activity and participation is optional for Year 13 students.
2. For Years 9, 10 and 11 students at least one choice should be a team sport or cultural activity. See the list on page 4 of this handbook.
3. Only enrol in sports and cultural activities that you actually intend to do.
4. You are required to do the same summer sport or activity in Term 4 as you chose in Term 1 – so choose carefully. The last date to change your sport in Week 2, February 2018. Anyone who wants to change their sport in Term 4 will need a form signed by the Head of Co-curricular.
5. You will be allowed to reconsider your winter sport or cultural activity at the end of Term 1.
6. You are encouraged to choose a priority sport or cultural activity and can choose one other per season, but you need to check in the handbook to see when the likely practices and competition times are on, to ensure that you are able to do each without a clash of times or speak with the teacher in charge. Students must get the permission of the Head of Co-curricular if they intend to do more than two sports in a season. Year 11 students and older are encouraged to specialise in one sport per season.

TEAM PLAYER CONTRACT

Students representing St Andrew's College in sports or cultural activities are encouraged to strive for excellence in presentation, preparation and performance so that the team and the individual become the best they can be.

ST ANDREW'S COLLEGE STUDENTS:

1. Play hard but fair.
 2. Play by the rules of the game.
 3. Be committed to your team. Attend all practices and matches.
 4. Never argue with the referee. Control your emotions, display a positive attitude.
 5. Respect the authority of the coach and manager.
 6. Be a good sport. Acknowledge all good play whether by your team or your opponent.
 7. Use appropriate and acceptable language.
 8. Always wear the full and correct sports uniform.
 9. Always act in a manner that brings credit to yourself, the team and the College.
 10. Respect the rights, dignity and worth of all participants regardless of their gender, ability, cultural background or religion.
-

SPECTATOR/PARENT CODE OF CONDUCT – SPORT

1. Applaud the performance of both teams.
 2. Be positive with the officials and acknowledge their efforts.
 3. Let players play their game, not your game.
 4. Praise efforts, not results.
 5. Set an example to the players.
 6. No spectators/parents on the field at any time.
 7. Use appropriate and acceptable language.
 8. Spectators/parents are not to approach a College coach prior to and during the game. They have a role to carry out.
 9. Concerns regarding the game can be discussed with the team manager or staff member in charge of the sport in the first instance.
 10. It is only a game and this perspective needs to also be taught to our children.
-



St Andrew's College



SPORTS AND CULTURAL SELECTIONS

PLEASE COMPLETE AND RETURN THIS FORM.

Student's Name: _____ Class: _____

Please note that in some activities there may be too many applicants so some students may need to participate in their second option.

The sports and cultural activities I intend to take part in for 2018 are:

Summer

Option One: _____

Option Two: _____

Back-up option: _____

Winter

Option One: _____

Option Two: _____

Back-up option: _____

PLEASE NOTE: Students do not have to choose two options per season. If you choose a limited entry activity i.e. touch, a back-up option is also required.

Parent/Guardian Permission

I/We have read the Team Player Contract and Parent Code of Conduct, accept the conditions, and give permission for my son/daughter to take part in the sports and cultural activities above and agree to pay any expenses incurred.

Signed: _____ (Student)

Signed: _____ (Parent)

I am able to help, if required, in the following capacity (Coach, Manager etc.):

Students are able to take itinerant lessons for Speech and Drama and Music. This is **additional** to the co-curricular obligations students have, as outlined in this handbook.

Speech and Drama

There are two Speech and Drama tutors working in the College, Helen Balch and Dianne Jones. They teach a range of skills including speech, drama, public speaking, musical theatre and performance skills. Students can have individual lessons or come in pairs or trios depending on requirements. Lessons are organised at a time to suit the student and class teachers. Students can sit Speech New Zealand or Trinity Guildhall exams and a number also enter the Christchurch Speech and Drama competitions. Students also come just for confidence and enjoyment. Enrolment forms are emailed to all families in January and are also available from Reception, however enrolments can be accepted through the year.

Instrumental and Vocal Tuition

The Music Department runs an extensive programme of instrumental and vocal tuition. Twenty-two tutors come into the College each week, some of them across two or three different days. For private lessons in the Music Suite studios, tutors charge approximately \$35.00 per half hour lesson. About 30–33 lessons are taken over the year during school time, mostly in the morning and early afternoon, although most of the drum lessons and some guitar lessons are taken after school.

Reports are issued twice a year, at mid-term and end-of-year. Theory lessons are also available. The College has a supply of instruments for hire each term. For further details on this scheme and for information about the variety of performing groups available contact Mr Ferguson or Ms Thorner, request a copy of the department information booklet and fill in the application form on the back page.



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